CHOOSE SUPERING SEAFOOD LOOK FOR CHOOSE C



CHOOSE GREEN.



Products identified with the green ASC certified label signify responsibly farmed seafood. The Aquaculture Stewardship Council focuses on a number of key environmental and social impacts for this certification, including standards surrounding:

- · The farm conditions and environment in which the fish are grown
- · The farm conditions and environment for the workers
- Sustainable feed ingredients
- · Good animal welfare practices

The rise of aquaculture farms has helped to meet growing demand for healthily produced seafood, raising quality-controlled populations of fish and shellfish in a monitored, sustainable and healthy environment.





Product code	Product description	Pack size	
107786	Basa Fillets 170/225 (ASC)	5kg	
215027	Raw Prawn Cutlets 21/25 (ASC)	1kg	
212051	Steam Cooked Vannamei Prawn Cutlets 21/25 (ASC)	lkg	
212052	Steam Cooked Vannamei Prawn Cutlets 31/40 (ASC)	1kg	
49428	Prawn Skewers 5 x 41/50 (ASC)	20 x 50g	



CHOOSE BLUE.



Products identified with the MSC certified blue fish tick label signify sustainably caught wild seafood, in line with the Marine Stewardship Council's stringent Fisheries Standard, which is consistently reviewed, expanded and improved upon as industry standard issues arise that require monitoring. The criteria for qualifying as an MSC certified fishery includes:

- · A sustained and healthy population of fish
- Impacts on ecosystems minimised this includes minimising bycatches of birds and mammals, and adapting to the effects of climate change in our oceans
- · Responsible and effective management

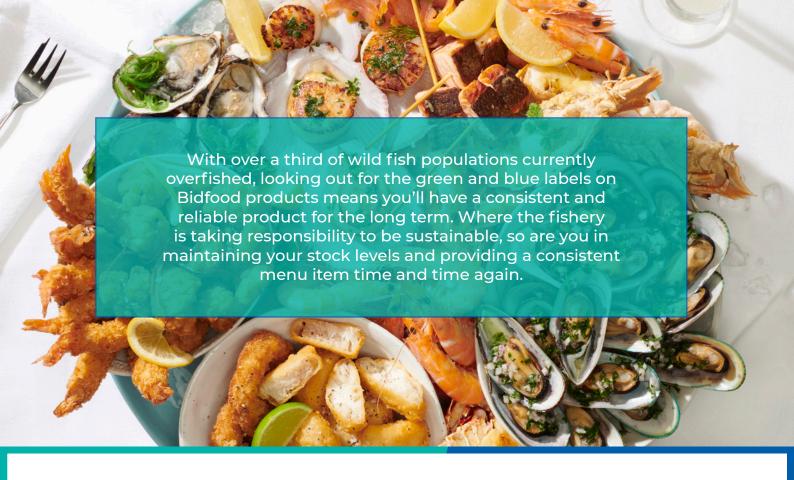


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Product code	Product description	Pack size
195507	Atlantic Cod Loins Skinless 130g (MSC)	5kg
150582	Atlantic Cod Loins Skinless 200g (MSC)	5kg
167694	Tempura Fish Cocktails (MSC)	1kg
167695	Tempura Fish Cocktails (MSC)	5kg
167686	Crumbed Fish Fillets Skinless 115g (MSC)	30 x 115g
167687	Crumbed Fish Fillets Skinless 145g (MSC)	30 x 145g
199421	Crunchy Crumbed Fish 110g (MSC)	24 x 110g
204064	Crunchy Crumbed Fish 140g (MSC)	24 x 140g
75221	Crunchy Crumbed Fish 85g (MSC)	45 x 85g
2177	Crumbed Fish Fingers (MSC)	1kg
167684	Tempura Fish Fillets Skinless 115g (MSC)	30 x 115g
167685	Tempura Fish Fillets Skinless 145g (MSC)	30 x 145g
216605	Tempura Fish Fillets Skinless 180g (MSC)	30 x 180g
167683	Tempura Fish Fillets Skinless 85g (MSC)	45 x 85g
141467	Gluten Free Crumbed Flounder Fillets 100g (MSC)	3kg
141466	Gluten Free Crumbed Flounder Fillets 150g (MSC)	3kg
145156	Hoki Loins 110/130g (MSC)	5kg
145159	Beer Battered Whiting Fillets (MSC)	1kg
145157	Crumbed Whiting Fillets (MSC)	1kg
145158	Crumbed Whiting Goujons (MSC)	1kg

LOCAL CATCH BY Seafrost

Product code	Product description	Pack size
196235	Crumbed Australian Prawn Cutlets (MSC)	1kg
198241	Southern Blue Whiting Fillets Skin On 100/200 (MSC)	5kg





You can also find sustainable products across our wider range, including











and more.





